

Ohio Race Walker  
3184 Summit Street  
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# OHIO RACEWALKER



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## 8TH ANNUAL BLACKBURN AWARD TO BRODOCK

In the fall of 1967, awed by the great performance of Larry O'Neil in that year's first 100 miler, Jack Blackburn, then publisher of the CRW, and I decided to honor Larry with a special award and to make that award an annual presentation to the athlete who turned in the single outstanding performance for the year. At the same time, we chose to honor Doc Blackburn, who has meant so much to Ohio race walking, by calling it the Dr. John H. Blackburn Award. Obviously, the first award went to Larry O'Neil.

This year, the "walk-away" of the 8th Annual Award is Sue Brodock with her 24:16.2 world's best 5 Km in winning the International Championship. Sue thus becomes the first woman to win this prestigious Award. In winning the race, Sue beat former record holder Margaret Simu of Sweden by nearly 40 seconds. Earlier in the year, Sue had firmly established her credentials with a World's best at 1 Mile.

Other former winners of the Award are Rudy Haluza, 1968; Bob Kitchen, 1969 and 1971; Goetz Klopfer, 1970; Larry Young, 1972; and Ron Laird, 1973. Sue thus joins a rather select group of U.S. walkers. Sue's Handsomely engraved plaque will be on the way as soon as we have it made up and ferret out her address.

## KORN, HUNTER WIN "B" TITLES

Bob Korn at 10 Km and Chuck Hunter at 100 Km have added National AAU "B" titles to their laurels during November. Chuck walked a lonely 100 Km on the track at Niwot High School in Colorado as the bugaboo of small fields for these "B" races continued. The only other starters were Craig and Rocky Hunter, who went a couple of miles, and Jerry Brown doing an exhibition 15 miles. This should not detract from Chuck's performance as he showed his usual determination to complete the task at hand. With the temperature never over 40 and rain falling throughout the day, Chuck started at 5:30 in the morning and kept at it for 12:46:40 to claim the title. His 10 mile splits were 1:41, 3:33, 5:25, 7:38, and 9:57. The race was held on Nov. 2.

It was also cold and rainy in Portland, Ore. for the 10 km on Nov. 23. Korn easily bested a field of 10 to win in 49:20.6. Rob Frank finished an isolated second as Scott Massinger, who may have been strong competition, nursed a cross-country injury as an official. The results: 1. Bob Korn 49:20.6 2. Rob Frank 51:30 3. Jeff Reynolds 54:44 4. Pete Baenko 56:33 5. Al Schurman 57:59 6. Craig Jones 58:59 7. Dick Arkley 61:27 8. Dean Ingram 62:07 9. Don Jacobs 63:56 10. Mike Sprinker 69:18

Dr. John Shillings  
5 Cedar Court  
Copiague, New York 11725



## OTHER RESULTS:

Nat Csk Memorial 20 Km, New York City, Oct. 30--1. Dr. John Knifton, NYAC 1:36:29.6 2. Ray Somers, NYAC 1:36:52 3. Dave Romansky, Shore AC 1:37:46 4. Ron Daniel, NYAC 1:45:10 5. Jim Murchie, LIAC 1:45:12 6. Dr. Shaul Ladany, LIAC 1:46:49 7. Max Gould, Toronto YMHA 1:47:55 8. Ron Kulik, NYAC 1:51:05 9. Paul Schell, North Bedford 1:51:52 10. Dr. John Shilling NYPC 1:53:54 11. Steve Rehnman, NMC 1:53:56 12. Bob Morse, NMC 1:54:17 13. Larry Newman, LIAC 1:54:37 14. Ben Brown, NMC 1:55:33 15. Don Johnson, Shore AC 1:56:14 17. Bob Mimm, Penn AC 2:00:52 18. Tim Wason, NMC 2:01:50 19. John Gray, NMC 2:03:11 20. Jack Menendez, USMA 2:03:90 21. Ron Salvio, Shore AC 2:03:34 22. Bill Hungelman, USMA 2:07:47 23. Bill Hackulich, Penn AC 2:08:02 24. Grant Carbarano, USMA 2:09:32 25. Jim Sepulveda, USMA 2:12:48 26. Louis Mione, un. 2:14:03 27. Dave Lakritz, un. 2:14:12 28. Dr. Steven Schwarz, LIAC 2:17:14 29. Dr. Jack Boitano, Stratford Spartans 2:17:59 30. Cliff Mimm, Penn AC 2:18:14 31. Nathan Ringler, 92nd St. YMHA 2:18:39 32. Alan Wood, Shore AC 2:18:42 33. Erad McGee 2:19:50 34. Morris Davis, 92nd St YMHA 2:20:10  
Disqualified: R. Freund and Bob Falciola.

NJAAU 15 Mile, Long Branch, Nov. 3--1. Bob Falciola, Shore AC 2:03:02 2. Dr. Shaul Ladany, LIAC 2:11:14 3. John Fredericks, Shore AC 2:13:58 4. Bob Mimm, Penn AC 2:15:34 5. Don Johnson, Shore AC 2:21:42 6. Alex Turner, Shore AC 2:24:31 7. Bill Hackulich, Penn AC 2:31:54 8. Marcus Boatwright, Essex County AA 2:40:41 9. Tom Fyfe, Shore AC 2:45:08 10. Fred Spector, Shore AC 2:49:15 11. Bill Lloyd, Shore AC 2:50:47  
NJAAU 20 Mile, Long Branch, Nov. 10--1. Bob Falciola, Shore AC 2:54:11 2. Dr. Shaul Ladany, LIAC 2:56:20 3. John Fredericks and Ray Floriani, Shore AC 3:18:30 5. Alex Turner, Shore AC 3:23:45 6. Bob Mimm, Penn AC 3:27:33 7. Don Johnson, Shore AC 3:35:02 8. Bill Hackulich, Penn AC 3:41:20 9. Bill Lloyd, Shore AC 3:54:40  
NJAAU 10 Mile Hdep, Long Branch Nov. 17--1. John Kerrigan, Willingboro 1:37:45 2. Cliff Mimm, Willingboro 1:45:14 3. Sam DeLosSantos, Lakewood 1:43:25 4. Sid Fains, Irvington 1:43:00 5. Fred Spector 1:39:25 6. Don Lowery 1:49:35 7. George Garland 1:45:15 8. Bob Mimm 1:25:34 9. Bill Hackulich 1:36:41 10. Steve Rehnman 1:29:58 11. Bruce Douglas 1:35:41 12. Alex Turner 1:31:47 13. Bob Falciola 1:23:03 14. Elliott Derman 1:41:18 15. Bill Lloyd 1:49:22  
10 Km, West Long Branch, N.J., Nov. 24--1. John Knifton, NYAC 45:46.2 2. Dave Romansky, Shore AC 47:19 3. John Fredericks, Shore AC 49:22.4 4. Ron Daniel, NYAC 50:05.6 5. Bob Falciola, Shore AC 50:17.8 6. Ray Floriani, Shore AC 53:04.6 7. Don Johnson, Shore 56:10.4 8. Alex Turner Shore AC 56:10.5 9. Roger Barr, Shore AC 57:09.4 10. Jack Memendez, USMA 58:51.8 11. Fred Spector, Shore AC 60:27 12. Elliott Derman, Shore AC 60:47 13. Jim Sepulveda, USMA 61:18 14. Tom Fyfe, Shore AC 66:39 15. Ted Cash, Shore AC 67:05  
1 Mile, Indianola, Pa., Oct 20--1. Russ Froats 8:58 2. Gary Bywaters 9:14 3. Athena Monios 10:22 (road walk, 1/2 mile up hill and 1/2 mile down) 4. Hour, Pittsburgh, Pa., Oct. 27--1. Gary Bywaters 3 mi 481 yds Women: 1. Beth Harwick 3 mi 50 yds 2. Athena Monios 3 mi 46 yds 3. Jo-Ann Churpak 2 mi 1100 yds 2 Mile, Worthington, Ohio Nov. 16--1. Kevin Butler 17:29.4 Women: 1. Carol Mohanco 18:47.4 2. Cindy Luebben 19:20.0 3. Mary DeVries 19:58.2 4. Maria Henry 21:18

## KUHN ALSO WINS "B" NATIONAL

Chicago--Sorry I missed this with the other "B" races. Fred Kuhn easily beat Dan Fitzpatrick to win the National "B" 35 Km in 3:40:29 over a field of nine. In an accompanying women's race, Cristy Dotseth won in 5:07:50 as the only other starter, Edith Bentley, stopped at 20 km. 1. Fred Kuhn, Green & Gold AC 3:40:29 2. Dan Fitzpatrick, C&G 3:55:00 (continued p. 8)

## FIFTH ANNUAL ORW WORLD RANKINGS

Here are the eagerly awaited ORW Rankings of the world's race walkers at both 20 and 50 kilometers. The rankings are based on performances throughout the year and are a completely subjective opinion of one man--your editor. Consideration is given to best times, performance against other leading walkers, and the record in major races. However, I have probably given less consideration to the European 20 Km Championship than I normally would since the heat and humidity were so much a factor and so many top walkers failed to finish. Incidentally, Vladimir Zhaloshik, who finished third in that race, was subsequently disqualified when a drug test proved positive, giving Roger Mills the bronze medal and moving everyone else up a notch. No details on the incident yet, so we don't know if this was some innocent use of medication as with the U.S. swimmer in Munich, or an actual attempt to gain an advantage. In any case, Zhaloshik is not ranked since the rest of his record did not merit it. So, here is the way I rank the 20 Km:

- Vladimir Golubnichiy, USSR  
1:28:21.2 (1) USSR Ch., Moscow 7/2 4  
1:29:30.0 (1) Eur. Ch., Rome 9/3
- Bernd Kannenberg, W. Germany  
1:29:44.0 (1) Frankfurt 5/5  
1:24:45.0 (1) Hamburg 5/25 (WR)  
DNF Bucharest 5/19  
1:35:06.0 (1) vs. Poland 7/13  
1:29:48.0 (1) Hanover 7/26  
1:29:38.2 (2) Eur. Ch., Rome 9/3
- Karl-Heinz Stadtmüller, E. Germany  
1:26:59.8 (1) Naumburg 5/1  
1:20:57.6 (1) San Remo 6/9 (short)  
1:25:13.0 (1) E.G. Ch., Leipzig 7/20  
DNF London 6/20  
DQ Eur. Ch., Rome 9/3
- Yevgeniy Ivchenko, USSR  
1:28:02 (1) Uzhgorod 4/20  
1:27:16 (1) Bucharest 5/19  
1:37:24 (2) vs. U.S., Durham 7/6  
1:28:29.2 (2) USSR Ch., Moscow 7/24  
1:39:56.0 (15) Eur. Ch., Rome 9/3
- Siegfried Zschneider, E. Germany  
1:27:00.6 (2) Naumburg 5/1  
1:21:05.8 (2) San Remo 6/9 (short)  
1:27:30.0 (2) Bucharest 5/19  
1:33:05.0 (1) London 6/20  
DQ Rome 9/3
- Peter Frenkel, E. Germany  
1:27:49.0 (3) Naumburg 5/1  
1:29:34.2 (1) Ludwigsfeld 5/26  
1:21:35.8 (3) San Remo 6/9 (short)  
1:25:16.4 (2) EG Ch., Leipzig 7/20  
1:23:30.0 (1) Banská Bystrica 8/10  
DNF Rome 9/3
- Armando Zambaldo, Italy  
1:28:41.8 (4) Naumburg 5/1  
1:28:21.2 (1) Rome 4/20 (tr)  
1:22:17.4 (4) San Remo 6/9 (short)  
1:33:04.8 (4) Eur. Ch., Rome 9/3  
1:33:31.4 (2) Florence 7/11  
1:32:29.2 (1) Rome 8/1
- Jan Ornoch, Poland  
1:32:16 (6) Russe 4/20  
1:29:40 (6) Bucharest 5/19  
1:29:02.8 (1) Warsaw 6/29 (tr)  
1:28:56.6 (1) Warsaw 7/16  
1:28:44.2 (1) Gdynia 9/15  
1:33:19.6 (5) Eur. Ch., Rome 9/3
- Roger Mills, Great Britain  
1:31:24.2 (3) Hamburg 5/25 (tr)  
1:34:12.6 (2) Warsaw 6/29 (tr)  
1:29:04.0 (2) London 8/3  
1:32:33.6 (3) Eur. Ch., Rome 9/3
- Raul Gonzalez, Mexico  
1:35:22.8 (1) Central Amer. Games  
1:27:52.4 (1) Mexico City 9/17

The veteran Golubnichiy took command of the European race to beat world-record holder Kannenberg. Coupled with his win in the always tough USSR Championship he is clearly No.1....Kannenberg with his stunning world record and close second to Golly with no one else close is equally clear in second....From there it is a scramble with the only people who were close to the top two in the big race winding up on the sidelines either by

disqualification or fatigue. Stadtmuller, however, was very convincing in three earlier races. In the London heat he tried a world-record pace in hot conditions and dropped out shortly after 10 km. He was still in contention when he'd in Rome.... Ivchenko won very competitive races against tough fields in fast times in Uzhgorod and Bucharest and gave Golubnichiy a good race in the Soviet Championship before falling apart in Rome.... Zschoigner had fast times in seconds to both Stadtmuller and Ivchenko.... Frenkel was always the third East German but had a very good collection of times, although the 1:23:30 seems a bit suspect.... Zambaldo gave the East German trio two good races, had a very fast track time, and unlike most of those ranked above him, performed well in Rome.... Ornoch had an up and down season but beat Mills very convincingly on the track and did well in Rome.... Mills had two mediocre races on the track, a fast second to Amos Seddon in the British Championship and then a great come-through in the Rome heat.... Gonzalez is really an unknown factor and it would be great to see him in a tough European race but his fast time in Mexico City's altitude is very impressive.

## 1974 Top 25 Performers--20 Km

1:24:45.0 Bernd Kannenberg, West Germany, Hamburg 5/2 5  
 1:25:13.0 Karl-Heinz Stadtmuller, East Germany, Leipzig 7/20  
 1:25:16.4 Peter Frenkel, East Germany, Leipzig 7/20  
 1:26:30.2 Horst Staps, East Germany, Reiningen 5/6  
 1:26:32.0 Yuriy Bencik, Czechoslovakia, Trnava 5/5  
 1:26:37.0 Sandor Forian, Hungary, Trnava, 5/5  
 1:27:00.6 Siegfried Zschoigner, East Germany, Naumburg 5/1  
 1:27:16.0 Yevgeniy Ivchenko, USSR, Bucharest 5/19  
 1:27:18.2 Lutz Lipkowski, East Germany, Leipzig 7/20  
 1:27:52.4 Raul Gonzalez, Mexico, Mexico City 9/17  
 1:27:54.6 Ion Gasitu, Rumania, Bucharest 5/19  
 1:28:00.2 Rolf Berner, East Germany, Leipzig 7/20  
 1:28:01.2 Feliks Sliwinski, Poland, Gdansk 4/21  
 1:28:14.0 Mikhail Alekseyev, USSR, Uzhgorod 4/20  
 1:28:20.0 Yevgeniy Yevsyukov, USSR, Uzhgorod 4/20  
 1:28:21.2 Vladimir Golubnichiy, USSR, Moscow 7/2 4  
 1:28:21.2 Armando Zambaldo, Italy, Rome 4/20  
 1:28:24.0 Valeriy Mefedov, USSR, Uzhgorod 4/20  
 1:28:29.0 Nikolai Tarinzev, USSR, Uzhgorod 4/20  
 1:28:41.0 Yuriy Grisulis, USSR Uzhgorod 4/20  
 1:28:50.0 Amos Seddon, Great Britain, London 8/3  
 1:28:54.0 Ivan Iliko, USSR, Uzhgorod 4/20  
 1:28:54.0 Gerhard Weidner, West Germany, Salzgitter 6/8  
 1:28:56.6 Jan Ornoch, Poland, Warsaw 7/16  
 1:29:04.0 Roger Mills, London 8/3

## RANKINGS AT 50 KM

1. Christoph Hohne, East Germany 3:52:52.8 (1) Naumburg 5/1 3:59:05.6 (1) Eur. Ch. Rome 9/3	3. Peter Selzer, E. Germany 3:59:56.6 (2) Naumburg 5/1 4:04:28.4 (3) Eur. Ch. Rome 9/3
2. Otto Bartsch, USSR 4:00:54 (2) USSR Ch. 1/9 4:02:38.8 (2) Eur. Ch. Rome 9/3	4. Vittorio Visini, Italy 4:15:22 (1) Carcagente, Sp. 3/24 3:56:10 (3) San Remo 6/9 (Short) 4:05:43.6 (4) Eur. Ch. Rome 9/3

5. Winfried Skotnicki, East Germany 4:03:06.4 (3) Naumburg 5/1 3:52:11.4 (1) San Remo 6/9 (short) 4:03:04.8 (1) Weinbohl 7/14 4:10:19.0 (6) Eur. Ch. Rome 9/3	8. Yevgeniy Lungin, USSR 3:58:15.4 (1) Uzhgorod 4/21 4:06:28.0 (4) US. R Ch. 7/9
6. Benjamin Soldatenko, USSR 4:01:54.0 (3) USSR Ch. 7/9 4:09:31.6 (5) Eur. Ch. Rome 9/7	9. Matthias Kroel, E. Germany 3:55:57.8 (2) San Remo 6/9 (short) 4:15:57.8 (2) Weinbohl 7/14 4:10:07.0 (5) Naumburg 5/1
7. Sergei Bondarenko, USSR 4:03:00.0 (3) Uzhgorod 4/21 4:00:00.4 (1) USSR Ch. 7/9 DNF Eur. Ch. Rome 9.7	10. Gerhard Weidner, W. Germany 4:18:22 (1) Lessines 6/23 4:10:52.4 (7) Eur. Ch. Rome 9/7 4:05:34.6 (4) Naumburg 4/21 4:00:57.0 (1) W.G. Champ

The 50 was easier to rank than the 20 and with fewer races, the European race carried greater weight.... Hohne was all by himself with a world's best ever early in the year and a very decisive victory in the European Championship.... Bartsch was beaten by Bondarenko in their national race but came through very strongly at Rome to take the second spot... Selzer and Visini backing up their third and fourth at Rome with other good races take the next two spots... Skotnicki finished behind Soldatenko in Rome but is given the fifth spot off his good collection of times and his decisive win over Visini in the short -course San Remo race... Bondarenko, after a great first in the USSR title race, hurt himself by not finishing in Rome.... Lungin beat the best Russians in an early race and was a close fourth in their very competitive National race.... Kroel, with a finish ahead of Visini at San Remo completes a near sweep by the Soviets and East Germans and Weidner's 7th at Rome earns him the final spot. Wait, reverse Weidner and Kroel off the Naumburg race which I originally left out. 1974 Top 1<sup>st</sup> Performers--50 Km (18 because I suddenly realized that was all I had listed and I don't want to dig anymore)

3:52:52.8 Christoph Hohne, E. Germany, Naumburg 5/1  
 3:58:15.4 Yevgeniy Lungin, USSR, Uzhgorod 4/21  
 3:59:56.6 Peter Selzer, E. Germany, Naumburg 5/1  
 4:00:00.4 Sergei Bondarenko, USSR, USSR Ch. 7/9  
 4:00:20.0 Sergei Grigoryev, USSR, Uzhgorod 4/21  
 4:00:54.0 Otto Bartsch, USSR, USSR Ch. 7/9  
 4:01:54.0 Benjamin Soldatenko, USSR, USSR Ch. 7/9  
 4:03:04.8 Winfried Skotnicki, E. Germany, Weinbohl 7/14  
 4:05:34.6 Gerhard Weidner, W. Germany, Naumburg 4/21  
 4:06:24.8 Kartis Apeljais, USSR, Uzhgorod 4/21  
 4:06:32.6 Nikolai Turenzev, USSR, Uzhgorod 4/21  
 4:06:50.0 Yevsyukov, USSR, USSR Ch. 7/9  
 4:07:08.0 Yevgeniy Schalnov, USSR, Uzhgorod 4/21  
 4:07:30.0 Yuriy Schalgin, USSR, Uzhgorod 4/21  
 4:08:26.0 Vladimir Kashnov, USSR, Uzhgorod 4/21  
 4:10:07.0 Matthias Kroel, Naumburg 4/21  
 4:11:22.0 Bob Dobson, Great Britain, Paris 8/10  
 4:12:31.0 Jerzy Pater, Poland, Gdansk 4/21

## THIRD ANNUAL U.S. RANKINGS

Now let us do the same exercise for U.S. walkers, this being the third year we have done such. Things are a little more clear cut on the U.S. scene, particularly in the 50, which goes almost exactly as the National. For that matter, so does the 20, but only after weighing some factors. So let us first look at that 20.

1. Jerry Brown, Colorado TC  
1:33:33.4 (1) NAAU Nas. City 6/2  
1:40:31.0 (4) vs USSR Durham 7/6
2. Floyd Godwin, Colorado TC  
1:37:28.8 (1) Boulder (tr)  
1:35:01.0 (2) NAAU Nas. City 6/2  
1:38:32.0 (3) Vs USSR Durham 7/6
3. John Knifton, NYAC  
1:35:14.0 (3) NAAU Nas. City 6/2  
1:40:33.0 (1) Kanito 6/27  
1:31:30.4 (1) Pine Plains 9/29(tr)  
1:37:10.2 (2) Montreal 10/5  
1:36:29.6 (1) New York 10/30
4. Bob Henderson, US Army  
1:33:58.0 (4) Frankfort 5/5  
1:37:15.0 (5) NAAU Nas. City 6/2  
1:35:00.6 (5) Hanover 7/26  
1:34:51.6 (1) Montreal 10/5
5. Ron Laird, NYAC  
1:33:51.6 (1) Hamburg 10/26
6. Bill Ranney, un.  
1:35:35.0 (1) San Francisco (tr)
7. Ray Somers, NYAC  
1:36:52.0 (2) New York 10/30
8. Dave Romansky  
1:37:56.0 (3) New York 10/30
9. Ron Daniel, NYAC  
1:36:16.0 (4) NAAU Nas. City 6/2  
1:41: (1) Sharon 6/29  
1:45:54.0 (3) Pine Plains 9/29  
DQ Montreal 10/5  
1:45:10.0 (4) New York 10/20
10. Mike Allen, un.  
1:39:10.0 (4) Marlenbach 4/7  
1:39:59.6 (21) Frankfort 5/5  
1:42:04.0

Erown beat everyone quite decisively in the National and his poor race in the USSR meet does not detract from his No. 1 ranking...Godwin with his solid 2nd in the Nationals and a good effort against the USSR is second.. Knifton broke even in two races with Henderson and his loss to Bob came only a week after his very fast track time...Henderson had two excellent races in Germany and a great effort against Canada. His relatively poor race in the Nationals was in large part due to too much travel..Laird had only the one late race but it was good enough to rank him ahead of anyone else...Likewise with the next three...Daniel, after a fine race in the National, tailed way off...Allen, who raced only in Germany, edges Gary Westerfield, seventh in the National, for the final spot.

#### 1974 Top 20 U.S. Performers at 20 Km

- 1:31:30.4 John Knifton, Pine Plains, N.Y. 9/29
- 1:33:33.4 Jerry Brown, Nassau City, N.Y. 6/2
- 1:33:51.6 Ron Laird, Hamburg, W.G. 10/26
- 1:33:58.0 Bob Henderson, Frankfurt, W.G. 5/5
- 1:35:01.0 Floyd Godwin, Nassau City, N.Y. 6/2
- 1:35:35.0 Bill Ranney, San Francisco
- 1:36:06.0 Ron Daniel, Nassau City, NY. 6/2
- 1:36:52.0 Ray Somers, New York City 10/30
- 1:37:56.0 Dave Romansky, New York City 10/30
- 1:39:10.0 Mike Allen, Marlenbach, W.G. 4/7
- 1:39:31.0 Gary Westerfield, Nassau City, N.Y. 6/2
- 1:40:05.0 Howie Palamarchuk, Nassau City 6/2
- 1:40:23.0 Jim Murchie, Nassau City, NY. 6/2
- 1:40:46.0 Larry Young, Columbia, Mo. 7/27
- 1:41:00.0 Augie Hirt, Columbia, Mo. 7/27
- 1:41:35.0 Wayne Glusker, Nassau City, N.Y. 6/2
- 1:42:05.0 Ron Kulik, Nassau City, N.Y. 6/2
- 1:42:21.0 Bob Falciola, Nassau City, N.Y. 6/2
- 1:43:16.0 Tom Knatt, Nassau City, N.Y. 6/2
- 1:46:14.4 Mike DeWitt, Boulder, Colo. 5/11

#### U.S. Rankings at 50 Km

1. Larry Young, Columbia TC  
4:25:51.0 (1) NAAU Seattle 9/1
2. John Knifton, NYAC  
4:30:50.0 (2) NAAU Seattle 9/1
3. Augie Hirt, Columbia TC  
4:42:01.0 (3) NAAU Seattle 9/1  
4:40:15.2 (1) Montreal 10/6
4. Tom Knatt, North Medford Club  
4:50:21.0 (5) NAAU Seattle 9/1  
4:42:14.9 (2) Montreal 10/6
5. Ron Kulik, NYAC  
4:48:16.0 (4) NAAU Seattle 9/1
6. Bob Bowman, Striders  
4:54:20.0 (6) NAAU Seattle 9/1
7. Bob Rosencrantz, Seattle  
4:58:37.0 (7) NAAU Seattle 9/1  
5:05:39.8 (5) Montreal 10/6
8. Dan O'Connor, LIAC  
4:59:53.0 (8) NAAU Seattle 9/1
9. Gary Westerfield, LIAC  
5:02:32.0 (2) Westbury, N.Y. 4/7
10. Roger Duran, WUTC  
5:12:52.0 (9) NAAU Seattle 9/1

Not much need for explanation here. Since there was little racing activity at the distance other than the National that pretty well decides the issue. Knatt moves ahead of Kulik off his good race against Canada and Westerfield crashes the top 10 off an early season mark. Incidentally, I guess John Knifton won that race, which I haven't shown above but it wasn't a particularly noteworthy time. No sense listing the top performers since you can easily see them above and it really tails off after that. A dismal year in this event.

A few missing items from the records in the World 20 Km Rankings but not sufficient to change my rankings: Zapoldo was second to Vittorio Visini in Rome on June 29 1:28:48 to 1:29:33 and finished only 11th in that Richa rest race with 1:32:05.6; Golubnichy lost to countryman Vasilov in Moscow on June 20 1:28:32.2 to 1:29:26.2; Ornoch finished only fifth vs West Germany on July 13 but just a minute back of Kannenberg in a, for some reason, slow track race; and Zschiegner finished only sixth in the E.G. Championship on July 3 in Leipzig (for some reason I have shown that race on July 20.)

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#### 1975 NAAU CHAMPIONSHIP SCHEDULE

Here is the Championship schedule for 1975 as it stands now. There is still some missing information, like exact dates and sites.

##### Senior Championships

- 2 Mile--New York City, Feb.
- 5 Km--Eugene, Oregon, June
- 10 Km--Fairfield, Conn. July 6
- 15 Km--Chicago, May 24
- 20 Km--San Francisco, June
- 25 Km--Seattle, May 22 or 23
- 30 Km--Columbia, Oct. 19
- 35 Km--Pittsburgh area, Nov. 2
- 40 Km--Long Branch, N.J., July 27
- 50 Km--New York, Sept. 7
- 75 Km--New Jersey, Apr. 20
- 100 Km--Columbia, Oct. 4
- 1 Hour--Postal, coordinated by Pacific Association

##### Junior Championships

- 3 Km--Pittsburgh area, July 5
- 5 Km--New York, no date
- 10 Km--Spokane, Wash., June
- 15 Km--Portland, Ore., May 4
- 20 Km--New Jersey, July 20
- 25 Km--Seattle, Apr. 19
- 1 Hour--Postal, same as Sr.

"B" Championships

10 Km, Pacific Assn, no date  
 15 Km, Michigan, Sept. 1  
 20 Km, Montana, no date  
 25 Km, Wisconsin, July 4  
 30 Km, Chicago, Nov. 23  
 35 Km, Pittsburgh area, Nov. 2  
 40 Km, Long Branch, July 27  
 50 Km, Mo. Valley, Nov. 9  
 75 Km, New Jersey, Apr. 20  
 100 Km, Columbia, Oct. 4  
 1 Hour--Postal, same as Sr.

Masters

5 Km--White Plains, N.Y., Aug. 7-9  
 20 Km--White Plains, Aug. 7-9  
 30 Km--Columbia, Oct. 19  
 35 Km, Pittsburgh area, Nov. 2  
 40 Km--Long Branch, July 27  
 50 Km--Mo. Valley, Nov. 9  
 75 Km--New Jersey, Apr. 20  
 100 Km--Columbia, Oct. 4  
 1 Hour--Postal, same as Sr.  
 10, 15, and 25 Km are open

UPCOMING RACES

Sat., Dec. 7---6 Mile, Lake Oswego, Ore., 1 p.m. (M)  
 Sun. Dec. 8---6 Mile, Central Park, New York, 11 a.m. (R)  
 Sun. Dec. 15---10 Km, Long Branch, N.J. (G)  
                   10 Mile, Central Park, New York, 11 a.m. (R)  
 Sat. Dec. 21---10 Mile, Columbia, Mo., 9 a.m. (D)  
                   2 Man-10 Mile Relay (Indoors), Boulder, Colo. (H)  
 Sun. Dec. 22---10 Mile, Asbury Park, N.J. (G)  
 Sun. Dec. 29---1 and 2 Miles, Marmouth, N.J., 12 noon (G)  
 Sat. Jan 4---1500meters, men and women, Pittsburgh (C)  
 Sun. Jan. 5---2 Mile Men, 1 Mile, Women, Pittsburgh (G)  
                   6 Mile, Central Park, New York, 11 a.m. (R)  
 Sun. Jan. 12---10 Mile, Central Park, New York, 11 a.m. (R)  
                   10 Mile, Long Branch, N.J. (G)  
 Sun. Feb. 9---10 Km (Indoors), Champaign, Ill, 12 noon

Contacts:

C--Gary Eywaters, RD #3, Box 36, Birgettstown, Pa. 15021  
 D--Joe Duncan, 4004 Defoe, Columbia, Mo. 65201  
 G--Elliott Demman, 28 N. Locust, West Long Branch, N.J.  
 H--Floyd Godwin, 935 Ash St., Broomfield, Colo. 80020  
 I--Rob Henderson, 803 Cedar St., Urbana, Ill. 61801  
 R--Gary Westerfield, 36 Norman Drive, Centereach, N.Y. 11720

Results (cont.)

3. Steve O'Brien, G&G 3:58:34 4. Roy Yarbrough, US Coast Guard 4:00:11  
 5. Frank Dotseth, UCTC 4:19:45 6. Art McLendon, UCTC 4:20:34 7. Ken  
 Ross, un. 4:39:45 8. Kevin Georgehegan, G&G 4:44:33 9. Ray O'Brien,  
 G&G 4:51:47 DNF: Dan Patt (15 km in 1:40:00)  
Mo. Valley 50 Km, Nov. 3--1. Augie Hirt 4:53:52.6 2. Al Schrik 5:07:44  
 3. Leonard Busen 5:13:50 4. Rob Spier 5:50:18 5. Jim Breitenbacher  
 5:54:32 20 Km (track), San Francisco--1. Bill Ranney 1:35:35 2. Roger  
 Duran 1:49:02 DNF: Manny Adriano 7 mi 735 yds in 1 Hour; Wayne Glusker  
 56:52 for 7; Mike Bangert 57:57 for 5; Phil Mooers 58:34 for 5; Libbe  
 Bangert 23:30 for 2. 15 Km, Toronto, Nov. 9--1. Pat Farrelly 1:14:10  
 2. Helmut Boeck 1:14:12 3. Roman Olszewski 1:15:54 4. Alex Oakley  
 1:16:57 5. Max Gould 1:17:18 6. Elenn Sweazey 1:22:46  
OVERSEAS:  
10 Km (track), Leicester, Eng., Oct. 26--1. Raul Gonzales, Mex. 41:59  
 2. Daniel Baptiste, Mex. 43:45 3. Brian Adams 44:32 4. Geoff Toone  
 47:58 5. Eric Crompton 48:51 6. George Chaplin 49:39

West German 50 Km, Salzgitter, Sept. 11--1. Gerhard Weidner 4:00:51.0  
 2. Schubert 4:07:00 3. Michalski 4:21:50 4. Mayr 4:22:40 5. Schwarz  
 4:23:15 6. Drossler 4:24:40 7. Schmidt 4:26:10 8. Frey 4:26:50  
 9. Haag 4:27:50 10 Km, Munich, Sept. 11 (the above was not Sept. 11  
 and I don't know when it was)--1. Gerhard Weidner 44:50 2. Jan Ornoch,  
 Poland 45:15 3. Schwarz 47:35

FROM HEEL TO TOE

Next year's Lugano Cup final is scheduled for Toulon, France on October 11 and 12. East Germany, USSR, and Italy are automatically qualified as the first three from the 1973 meet. The U.S. is also in the final as the only entry from outside Europe. (It beats me why Mexico does not enter since they travel a good bit anyway.) The remaining entries will come from two Zone competitions to be held on Sept. 20 and 21. Two teams will qualify from each. The lineups for these are: Steti, Czechoslovakia--Bulgaria, Czechoslovakia, West Germany, Hungary, Rumania, Spain, and Yugoslavia. Odense, Denmark--Belgium, Denmark, Eire, Great Britain, Norway, Poland, and Sweden. At this time it would like West Germany and Hungary from one and Great Britain and Poland or Sweden from the other....It has been reported that Bernd Kannenberg had a leg operation on Nov. 12 but the nature of the surgery is not known....Incidentally, I forgot to mention with the above rundown on the Lugano Cup that the Pan-Am Games in Mexico City are scheduled for October with the Opening Ceremonies on the 10th I believe. Although the dates of the walk have not been announced to my knowledge, there is obviously some conflict and we probably won't be able to have our best at both sites. This may be the reason the Mexicans have not entered Lugano....Add to the schedule a 10 Mile Handicap in Chicago on Dec. 29. Contact Mike Riban, 4508 N. Oakley, Chicago, Ill 60625...Don Jacobs, Box 23145, Tigard, Ore. 97224 has several copies of Palle Lassen's Race Walking Statistics 1973 for \$1.50 including first class postage...Mike Dragonetti, looking back to the May '74 ORW, reminds us that the Froats Brothers were not the first brother combo to win a National title. Jim, Brad, and Greg Bentley were 1,3,8 in the Jr. 5 Km to take that title...Jim Lopes, a 50 Km stalwart for the now defunct Athens AC several years back, made his comeback recently when he got a call from Frank Hagarty that no one had showed up for a race in a "big meet" and to hurry on over. Rummaging through boxes of old race walking clothes he came up with something suitable and rushed over to win in 8:07. Whether this gets him going again remains to be seen....As you have figured by this time, this weary old typewriter has returned to its former habit of skipping for no apparent reason. The electric I had on loan from the neighbor lady has gone back to her brother who decided he didn't want to sell it after all.... A recent subscriber, fairly new to the sport, has written concerning his confusion concerning the conversion from kilometers to miles. I guess when you have been walking in kilometers for these many years you tend to take the relationship for granted. However, for others who may be confused, the best thing to remember is that 5 Km equals 3 miles 188 yards. Since most metric races are in multiples of 5 (except for occasional 3 km races, which are 240 yards short of 2 miles) you can simply divide by 5 and then multiply by three and be in the ballpark. By the time you get to 50 km the extra 188 yards has added a bit over a mile (31 miles 120 yards)...Dale Paas reports that he found out several years ago (as I did recently) that Hush Puppies are cheap and comfortable, but wear out very quickly. However, he was

shown (by Todd Scully, he thinks) how to glue truck tire innertube to the soles. Weldwood contact cement works best. He now has about 2500 miles on a pair (on the fifth inner tube) and they are still holding up well....Some way I forgot to broadcast this when it first came out several months ago, but now I pick it up from Bob Mimm's Penn AC Newsletter and won't let it get by again. The monumental report is that sex and track do mix. So says West German Doctor Manfred Steinbach, a former Olympic long jumper. Steinbach surveyed the sex lives of 800 competitors at the 1972 Olympics and found that lovemaking three to five times a week was normal. Moreover, few of the athletes restricted their lovemaking activities prior to a big event, and many claimed rigorous training made them feel sexy. (Horny, as we have reported previously in these pages.) "The 19th century theory that hard sport and a cold shower quenched shameful sexual urges certainly doesn't seem to apply to the 1970's," says Steinbach. "And coaches who think they can improve their proteges' sporting achievements by banishing them from the boudoir are wasting their time." Bully!

## LOOKING BACK

5 Years Ago (From the November 1969 ORW)—The Annual OTC Distance Carnival walks saw a "foreign" invasion as Gary Westerfield, Steve Hayden, and Jerry Bocci took 1-2-3 ahead of Jack Mortland in Saturday's 7 miler and Bocci, Hayden, and Mike Conn taking 1-2-3 in Sunday's 15 miler. Westerfield and Mortland dropped out of the latter. Gary had a 53:58.2 ahead of Steve's 54:40 and Jerry's 54:51 and Jerry beat Steve 2:03:18 to 2:05:32.. Tom Dooley blistered a 72:17 for 10 miles in San Rafael and Marcel Jobin was nearly as fast in Long Branch with 72:29.6....Peter Selzer won the Lugano 100 km race in 9:29:32 as record holder Chris Hohne (9:15:57.4) would manage only fourth in 9:59:38...Promising young Todd Scully turned in a 14:00 for 2 miles....Dave Eidahl won the Jr. National 50 km in 5:16:43...Paul Nihill turned in a fantastic 48:25 for 7 miles on the road in England...Dooley also had a 2:39:30 for 20 miles

## ALL-TIME TOP 20 U.S. PERFORMANCES AND 40 PERFORMERS AT 20 KM

(Updated from list that appeared in Dec. 1973 ORW and originally compiled by Bob Bowman.)

1. 1:29:12.6 Ron Laird, Bad Saarow, E.G., 10/15/67
2. 1:29:50.0 Dave Romansky, Leningrad, USSR 7/23/70
3. 1:30:10.0tr Larry Young, Columbia, Mo. 5/7/72
- 1:30:11.8tr Romansky, Greenvale, N.J. 3/15/70
- 1:30:26.0 Laird, London, England 8/13/69
- 1:30:27.0 Laird, West Germany, 11/ /73
4. 1:30:39.8tr Tom Dooley, San Francisco 5/9/71
- 1:30:45.0 Laird, Lugano, Switz. 10/12/73
- 1:30:46.0 Romansky, Eschborn, W.G. 10/10/70
- 1:30:50.0 Dooley, Eschborn, W.G. 10/10/70
- 1:31:10.8tr Romansky, Trenton, N.J. 4/11/70
5. 1:31:30.4tr John Knifton, Pine Plains, N.Y. 9/29/74
- 1:31:39.6tr Laird, Walnut, Calif. 10/29/67
- 1:31:52.0tr Dooley, San Francisco 5/14/72
6. 1:31:52.0tr Bob Kitchen, San Francisco 5/14/72
- 1:31:54.0tr Laird, Hamburg, W.G. 9/16/73

- 1:31:56.8tr Romansky, Paris, France 7/8/70
7. 1:32:06.0tr Steve Hayden, Greenvale, N.J. 3/15/70
- 1:32:14.0tr Romansky, Long Island, N.Y. 6/18/72
8. 1:32:23.6 Todd Scully, Lugano, Switz. 10/12/73
- 20 Performances
9. 1:32:24.0 Boetz Klopfer, San Francisco 12/28/69
10. 1:32:28.0 Don DeNoon, Detroit 5/5/68
11. 1:32:43.0 Ron Zinn, Tokyo, Japan 10/15/64
12. 1:33:21.0tr Bill Ranney, San Francisco 5/14/72
13. 1:33:33.4 Jerry Brown, Nassau City, N.Y. 6/2/74
14. 1:34:10.0 Ron Daniel, Westbury, N.Y. 4/23/72
15. 1:34:15.0 Floyd Godwin, Westbury, N.Y. 4/23/72
16. 1:35:00.2 Rudy Haluza, Mexico City, Mex. 10/14/72
17. 1:35:30.4tr Steve Tyrer, Eugene, Ore. 5/23/72
18. 1:35:39.0 Ray Somers, Long Beach, Calif. 6/29/68
19. 1:35:41.8 Martin Rudow, Pomona, Calif. 4/6/69
20. 1:36:13.6 Larry Walker, Lakewood, Calif. 4/21/68
21. 1:36:22.0 Bill Weigle, Detroit, Mich. 10/29/72
22. 1:36:35.0 Jack Mortland, Tokyo, Japan 10/15/64
23. 1:36:41.0 Akos Szekeley, Chicago, Ill. 3/31/63
24. 1:37:04.0 Henry Laskau, 1952
25. 1:33:58.0 Bob Henderson, Frankfurt, W.G. 5/5/74
26. 1:37:25.0 Phil McDonald, Worthington, Ohio 3/18/72
27. 1:37:35.0 Bob Bowman, Detroit, Mich. 5/5/68
28. 1:37:37.8 Ron Kulik, Eschborn, W.G. 10/10/70
29. 1:37:57.0 Greg Diebold, Westbury, N.Y. 4/23/72
30. 1:38:06.0 Art Mark, McKeesport, Pa. 5/29/65
31. 1:38:07.0 Jim Mean, Seattle, Wash. 12/10/72
32. 1:38:17.0 John Kelly, San Francisco, Calif. 5/23/71
33. 1:38:38.6 Mike Ryan, Los Angeles, Calif. 5/28/72
34. 1:38:50.0 John Allen, Chicago, Ill. 3/31/63
- 1:38:50.0 Ed Bouldin, Los Angeles, Calif. 3/10/73
36. 1:38:58.0 Gary Westerfield, San Francisco, Calif. 5/23/71
37. 1:39:63.0tr Jerry Lansing, San Francisco, Calif. 5/14/72
38. 1:39:05.6 Mike DeWitt, Chicago, Ill. 4/9/72
39. 1:39:10.0 Mike Allen, Marlenbach, W.G. 4/7/74
40. 1:39:12.0tr Jack Blackburn, Upper Arlington, Ohio 12/17/66

Sorry about that Bob Henderson. Knew I wouldn't get through that without a goof just reading from two lists.

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Your friendly Ohio Race Walker has been brought to you, as it is each and every month, courtesy of the \$3.00 you so kindly remitted to one John E. (Jack) Mortland, Esq., Editor, Publisher, Circulation Manager, Mail Clerk, and Head of the Complaint Department. Address all complaints, compliments, and three dollar bills (for one glorious year of unforgettable reading) to Ohio Race Walker, 3184 Summit St., Columbus, Ohio 43202.